



Respite Volunteers of Shiawassee
710 W. King St.
Owosso, MI 48867

989-725-1127
office@respitevolunteers.org
www.respitevolunteers.org

Board of Directors

Chairperson:
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Ruth Nick

Case Manager:
Angela Laird

Administrative Assistant & Case Manager:
Glenn Sizemore

Photographers

Sharra Wright,
- A.J. Photography
Peggy Garikes
Ruth Nick
Graham Sturgeon,
- Independent Newsgroup
Donna Fruchey

All photography copyrighted Respite Volunteers of Shiawassee 2017-2019

Newsletter

Peggy Garikes
Ruth Nick
Helen Howard

Employees who are Caregivers Impact Productivity for Employers

Estimates show that nearly 20 percent of Americans are providing care for a sick or frail loved one or a friend at home, while also employed. This contributes to a condition called "presenteeism" — those times when an employee is at work but not fully functioning due to their own illness or the illness of one of their family members that they are trying to help. Harvard Business Review reports that productivity losses due to presenteeism is costing employers about \$150 billion each year.

A rapidly aging population, more women in the labor force and misalignment of benefits are contributing to pressures on work-life balance. Experts admit that presenteeism is more challenging to measure than its counter part, (absenteeism), because employers clearly know when an employee is not at work, but they can't truly tell when an employee is distracted mentally or too tired to focus while physically on the job. For family caregivers, productivity is affected by fatigue, arriving at work late, leaving early, spending time during work hours on the phone or online, or tending to caregiving tasks like calls to physician offices. Most employees still aim to give their employers 100 percent while on the job, adding to their stress and exhaustion.

Many employees take on the duties of caregiving because they don't know any alternatives, think things are okay as is, or think they can't afford outside help. Perhaps the best ways to assist employee family caregivers is to empathize with their situation and make sure they know how to get help from community resources that can assist them. A variety of services may be available at no cost or low cost to the patient or family. Respite Volunteers of Shiawassee takes pride in keeping up-to-date on Shiawassee County services for patients and family caregivers. Give our office a call (989) 725-1127 and see how we can help. We can schedule a Lunch and Learn for your employees who are juggling helping care for family members. We will offer to meet with your employees to discuss their individual situation.

Spring Purse Party BINGO

Thursday, May 2, 2019

Knights of Columbus, 1259 E. M-21, Owosso, MI 48867

Tickets are \$15 in advance & \$20 day of event



Photos by: A. J. Photography, Sharra Wright

Purses are like friends...you can never have too many!

Knowing that the greatest satisfaction comes from a caring heart, I offer my annual membership so that Respite Volunteers of Shiawassee can continue to provide trained volunteers for adults with health impairments, caregivers, their loved ones, and elderly persons living alone.



Respite Volunteers of Shiawassee Spring Newsletter 2019 Electronic Funds Transfer Authorization Form

YES, I want to enroll in the Electronic Funds Transfer (EFT) program and have my contribution automatically deducted from my checking or savings account ACH and every month.

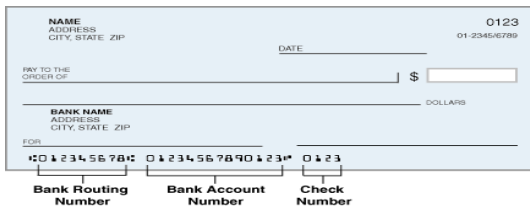
Authorization Agreement for Pre-Authorized Monthly Payments

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State and Zip: _____

Date to Start Deductions: _____ (Respite Volunteers of Shiawassee will debit on the 15th of each month.)

Please debit my membership payment from: Checking Account Savings Account (check only one)



Financial Institution: _____

Routing Number: _____

Account Number: _____

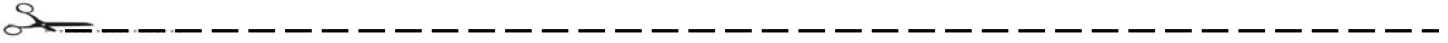
Monthly Deduction: \$ _____

Authorization Agreement:

I authorize Respite Volunteers of Shiawassee to charge my checking or savings account monthly in the amount of \$ _____. This authority is to remain in full force and effect for at least twelve (12) months which constitutes a one year membership. I understand that I must notify Respite Volunteers of Shiawassee if I wish to discontinue the automated payment service.

Signed: _____

Date: _____



Respite Volunteers of Shiawassee Spring Newsletter 2019 Membership Renewal Form

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State and Zip: _____

- Please check one:**
- Black Diamond \$5,000 +
 - Diamond \$1,000 — \$4,999
 - Emerald \$500 — \$999
 - Ruby \$250 — \$499
 - Sapphire \$100 — \$249
 - Pearl \$40 — \$99
 - Topaz \$25 — \$39

Attached is my check payable to Respite Volunteers of Shiawassee in the amount of \$ _____

This gift is given In Memory of: _____ *This gift is given In Honor of:* _____

"We make a living by what we get, but we make a life by what we give."

Winston Churchill



Follow us on Facebook and "share". Follow our posts for lots of fun photos and up-to-date news.

Save Time and Money!

Donate online

- 1.** Go to: [facebook/RespiteVolunteersOfShiawassee](https://facebook.com/RespiteVolunteersOfShiawassee)
- 2.** Find
- 3.** You can also donate on our website www.respitevolunteers.org

2019 St. Patrick's Sponsorships



\$500 POT OF GOLD

Care N Assist
Betty Janego
Tender Care Support LLC
Watkins Brothers Funeral Homes
Jackie Hurd

Family of C. Diz Clark
-In Memory of Diz Clark
Memorial Healthcare
Meijer



Dennis Hrcka & Pam Giffei
Photo by: Peggy Garikes

\$350 RAINBOW SPONSORS

J&S Tire and Service
John & Pam Malaska and Derald & Cathy Cramner
Shattuck Specialty Advertising
-Delux Trophies Awards & Gifts
Young Chevrolet, Cadillac, Buick, GMC
Dort Federal Credit Union
Nelson House Funeral Homes
Redeemer Lutheran Church
Greg & Karen Bontrager



J&S Tire and Service
Steve Gill, Grace Gill, Rita Gill & Attorney Tom Renwick
Photo by: A. J. Photography, Sharra Wright

\$200 PROGRAM SPONSORS

Mark & Elaine Suter

TICKET SPONSOR
RH Meihls & Associates



Ron & Kathy Raines
Photo by: A. J. Photography, Sharra Wright

\$100 SHAMROCK SPONSORS

Mary Jane Scarlett
Mike & Laura Davis
D & D Truck & Trailer Parts
-David & Lori Stechsulte Jr.
Chuck & Loretta Rolfes
Lloyd & Wanda Lamphere
Carol Nama
Indian Trails
Eye Care Associates of Owosso
VMD & Associates, PLLC
-Randy Meder
Corunna Mills Feed LLC
Terrence J. Johnson, PHD PC
Ron & Marie Schaar
Becky Chargo
Michael & Laura Davis

Oakes-Fisher Insurance
-Renee Fisher
Kirk & Joane McCall
Brooks Innovative Graphics
-Heather Brooks
Attorney Patrick Marutiak
Dave & Marcia Bird
Richard & Sandy White
Ridenours Auto Repair, Inc.
Signature Ford Lincoln
Dr. Daniel Williams & Diane Cutler
Weather Vane Roofing
Guy W. & Audrey Salander
Mike & Pat Elliott
Kiwanis Club of Owosso



David & Lori Stechsulte Jr.
Photo by: A. J. Photography, Sharra Wright

Mark Your 2019 Calendar

Volunteer Workshop

We will schedule training at a mutually convenient time

Spring Purse Party Bingo

Thurs. May 2nd
Owosso K of C Hall
Doors open 5:45 p.m.
Games start 6:30 p.m.

Golf Scramble

Sat. July 20th
Corunna Hills
Golf Course
8:00 a.m. Registration
9:00 a.m. Shot Gun Start

Rock-a-Thon

Wed. Aug. 14th
Shiawassee YMCA

Annual Meeting

Thurs. Nov. 14th
Shiawassee Arts
Council
5:00 pm
Please RSVP
989-725-1127

Giving Tuesday

Tues., December 3rd
Donate on-line through
Facebook or
www.respitevolunteers.org
Call if you need help setting
up a facebook fundraiser

COMING THIS SUMMER

Respite Volunteers of Shiawassee will be hosting our **Annual Golf Scramble** fundraiser on Saturday, July 20th at the Corunna Hills Golf Course. Registration with coffee, fruit and donuts begins at 8:00 a.m. with a shot gun start at 9:00 a.m. After golfing nine holes, lunch will be served, prizes will be awarded followed by the drawing for many wonderful raffle prizes. It's going to be a beautiful day and a fun time for everyone! Organize your foursome of friends and business associates or call our office in advance if you need help filling a team.



Photo by Peggy Garkles

Gary Higgins, Christine Gilna, Dick Gilna & Tom Wirt

Watch our website and Facebook for a listing of our sponsors and for more details. At the end of May, you will be able to pick up a Golf registration form at our office or contact us at (989)725-1127. Thank-you Dan and Tracey Molnar for helping us plan this fun event.

Respite Volunteers of Shiawassee

Rock-a-thon is Wed. Aug. 14th from 10am to 1pm at the Shiawassee Family YMCA in Owosso. Volunteers and supporters are being asked to seek pledge donations to the nonprofit and in turn participate in the Rock-a-Thon. This fun event is open to anyone who would like to help seek pledges to help Respite Volunteers of Shiawassee continue with our volunteer services for all Shiawassee County residents. Persons who are successful in having pledge donations promised, will enjoy a fun time of rocking, manicures, lunch and entertainment during the Rock-a-thon. Top rockers will be awarded prizes. Participants are encouraged to bring their rocking chairs or any lawn chair and enjoy a relaxing time with others. For more information, please call 989-725-1127, or e-mail the office at office@respitevolunteers.org; also please visit our website at www.respitevolunteers.org. We now accept donations through our facebook page or website.



Photo by: Donna Fruehly

Ruth Nick, Angela Nicholls & Helen Howard

Memberships

April 1, 2018 – March 2, 2019



THANK YOU MEMBERS FOR YOUR SUPPORT!

Diamond \$1,000 Plus

Richard & Sue Dunn
In Memory of Harold & Allene Dunn &
In Honor of Sue Dunn
Redeemer Lutheran Church, Owosso
William Smith-In Memory of Elizabeth Smith

Emerald \$500-\$999

Matthew & Deborah Horny TTE
In Memory of Richard Jones

Betty Janego
Dale & Nancy Halifax

Ruby \$250-\$499

Bonnie Appleby
Bozena Bienias
Brian Beaupre
Audrie Polhemus
Mary Ruhl-In Memory of Ken Ruhl
David & Lori Stechschulte, Jr.
In Memory of David & Mary Stechschulte
Dr. Doug Strong & Mary Jo Damm-Strong
Lloyd & Wanda Lamphere

Sapphire \$100-\$249

Amvets Post 2273, Durand
Bancroft United Methodist Church
Fred & Janice Beyers
Brooks Innovative Graphics
In Memory of Russ Steinke
Suzanne Brow-In Memory of Ken Griswold
Fred & Terese Brusso
Suzanne Carpenter
Melvin Clark & Rebecca Napier
Tom Cook & Anna Owens
Michael & Rosa Davis
In Memory of Reva Sharp
Jack & Carolyn Dillon
Steve & Sarah Dowdy
Bill & Janet Drake
Mike & Joyce Enlow
In Memory of Margaret Enlow
Paul & Rebecca Eggleston
In Memory of Margaret Eggleston
Roger Elliott-In Memory of Harveline Elliott
Joan Frosh
Susan Giberson
Roberta Gilbert
Peggy Gulick
Mary Hinds
Shirley Jackson
In Memory of James Jackson
Donna Kanan
Diane King
Don Lantis & Tina Dafoe
Laingsburg Lions Club
Linden Martin
Attorney Patrick Marutiak
Dave & Dianna Maurer
Sharon McAllister
In Honor of Jerry McAllister

Sapphire \$100-\$249 continued

Patrick & Joelle McGuire
In Honor of Jeanne Wilcox
Judy Morse
Delores Nixon
Jerry & Lynette Polmounter
In Honor of Jackie Hurd & Carol Nama
Charles & Loretta Rolfes
Amy Ritter-In Memory of Frank Ritter
Dorothy Scherer-In Honor of Betty Gross
Rosemary Schultz
Clark Shanahan
St. Peter Parish, Chesaning
Attorney David & Debbie Stewart
United Methodist Women, Morrice
First United Methodist Women, Owosso
Duane & Joan Veale
Joy Welty
Dr. Daniel Williams & Diane Cutler

Pearl \$40-\$99

Terry & Pam Allen
Joe Beno, Jr.-In Memory of Rose Latz
David & Janis Beutel
Hazel Binger
Thomas Bridges, Attorney at Law
Mary Alice Campbell
In Memory of June Caponi
Mary Lou Cross-In Memory of Jerry Cross
Frederick & Marge Dery
Veronica Evans
Faith Family Church, Corunna
Kevin Feeny-In Memory of Karen Feeny
Katie Florian
Kathleen Hengesbach
Morene Horvath
Jackie Hurd
In Memory of Ron Morse &
In Honor of Roger Zick
Ed Kemp
Terry & Linda Kemp
Richard & Rose Latz
David & Sue Lea
In Honor of Ruth Nick & Peggy Garikes
Carol Lehman
In Memory of Ralph Jim Lehman
Dawn McBride
Rebecca C. McClear, PLC
Melanie McCourt
Ellen McKay Trust
Pat Park-In Memory of Denny Park
Elizabeth Rancour
Ron & Kathy Raines
In Memory of Tom Raines
Roger & Priscilla Rathbun
Paul & Janice Ray
Cathryn Razook
Dale & Mable Reed
Marilyn Robinson
Duaine & Mildred Samson

Pearl \$40-\$99 continued

Clare Spangler
In Memory of Norma Spangler
Donald & Helen Stanton
William C. Striggow Trust
In Honor of Sue Alpert
Carol Van Remortel
Linda Watson
Renee Webster-In Memory of Joan Judd
Esther West-In Memory of Garnett West
Mary Whittaker
Topaz \$25-\$39
Larry & Susie Alpert
Joyce Archer
In Memory of Hugh Archer
Michael & Deborah Baughman, Jr.
Richard Burlingame P.C.
John & Rita Bouwman
Michael & Christine Cassidy
Muriel Clark-In Memory of C. Diz Clark
Dr. David & Jennifer Couturier
In Memory of Terry Couturier
Marilyn Dillsworth
In Memory of Robert Dillsworth
Loyola Dysinger
Jim & Lisa Fox
Richard A. Gute
Judith Helmker
Anita Karianen
Trini King
Marian Kovarik
Dawn Kovich-In Memory of Larry Kovich
Charles McKnight
Everett & Ann Niemann
In Memory of George & Velma Londrigan
Jim & Donna Nault
John & Sally Pajtas
Sue Price
Arthur & Janet Ruddy
Shiawassee Shrine Club
Ricky & Betty Sloat
Rod Stuart
Monique VanAgen
Marsha Wagner
Joseph Wesley-In Memory of Rose Wesley
Richard & Sandra White
Kenneth & Nancy Worthington

*We apologize if we
inadvertently misspelled or
omitted any names.*

*To become a Respite Volunteers of Shiawassee
Member or renew your membership, please
return the Membership Application Form on
page two. Memberships are for 12 months and
accepted at any time.*

Award Recipients Announced at 25th Anniversary Celebration



Joane McCall was named Volunteer of the Year. Photo by: A. J. Photography, Sharra Wright

Last November Respite Volunteers of Shiawassee celebrated 25 years of serving Shiawassee County residents during our Annual Meeting held at D'Mar Banquet Center in Owosso. We had fun looking at memorabilia, sharing stories and enjoying pictures of the past as we gathered together. While enjoying a delicious meal, our guest speaker, and former board member, April Garrison, spoke about our mission on a biblical basis emphasizing the importance of the role Respite Volunteers play in the lives of those we serve.

Vice Chair: Laura Davis, Treasurer: Lori Chant and Secretary: Mary Jane Scarlett.

Proposed Board Members are Pastor Debbie Grazier, and Heather Brooks. Renewing Board Members are Karen Bontrager, Jackie Hurd, Kathy Raines, and Donna Kanan.

Joane McCall was named Volunteer of the Year. Carol Nama was honored with the Inspiration Award for her dedication and commitment to Respite Volunteers of Shiawassee. Carol Nama was also recognized as the Highest Volunteer Recruiter for the year. The Diz Clark Church Liaison Award was presented to members of Redeemer Lutheran Church. The George Nama Community Award was awarded to DayStarr Communications but they were not present to receive it. On behalf of Memorial Healthcare Home and Hospice and Memorial Healthcare Foundation, Joelle McGuire and Tom Kalina accepted The Sharon Rearick Philanthropic Award.



Carol Nama was given the Inspiration Award. Photo by: A. J. Photography, Sharra Wright

A special thank you to our 25th Anniversary Major Sponsors: Carol Nama, Jackie Hurd, Greg and Karen Bontrager, Dr. Daniel and Susan Cardwell and an anonymous donor.

We look forward to continuing our mission to give the gift of time and caring support to adults with persistent health needs and their families for many years to come.



Diz Clark Church Liaison Award presented to members of Redeemer Lutheran Church, Trini King, Ruth Nick, Sharon McAllister & Dr. R.A. Dahlgren. Photo by: A. J. Photography, Sharra Wright



Helen Howard (center) with retiring Board Members Pastor Lonny Bumgardner, Laura Burroughs and Allie Sturtridge. Photo by: A. J. Photography, Sharra Wright



Helen Howard presented Memorial Healthcare Home & Hospice and Memorial Healthcare Foundation the Sharon Rearick Philanthropic Award which was accepted by Tom Kalina and Joelle McGuire both Masters level Social Workers. Photo by: A. J. Photography, Sharra Wright

Memorials

April 1, 2018 – March 2, 2019



The Gift That Continues to Give

We greatly appreciate when, as an expression of sympathy, family and friends are remembered by individuals giving donations to our organization in their memory.

Joe Hippe
Marcena McWilliams

Reva Sharp
Dave & Debbie Stewart

Ronald Frosh
Joan Frosh
Robert & Mary Gilman
David & Bonnie Brown

Pete Dillard
Dan & Tracey Molnar

Chuck Jenkinson
Dan & Tracey Molnar

George & Frances Reichert
Thomas & Joanne Skinner

Peter Hinds
Joan Phillips
Margaret Duntley
Barbara Millard
Monica Constine
Paul & Betty Mael
Robert & Rosalie Bohac
Anonymous

Vincent Scherer
Tim & Cindy Kildea
Margaret Duntley
Michelle Howe-Gietzen
Anonymous

Marie Prikasky
Janet Sterba

Billie Ann Striggow
Joanne Alford
Scott Wightman
Gary & Debra Harvey
Harold & Ruth Folten
Edward & Sally Danhoff
The Honorable James &
Barbara Clatterbaugh
Randy & Rita Berndt
William & Phyllis Brown
James & Sheila Zuker
Reynold & Judith Batteen
Jack & Carole Striggow
John & Marquerite Schnepf
Phil & Rachelle Bendall
Robert & Linnell Striggow
Bennie & Bobby Burton
Robin Durepo
Russell & Dorothy Wing

Cecil Gale
William & Jeanette Delaney
Patricia Hagan
Anonymous

Mason Mooney
Janet Mooney

David Flory
Paul & Anne Kruger
Joseph Zatkovic

Joan Selleck
Dan & Tracey Molnar

Kelly Kregger
Michelle Howe-Gietzen
Kirk & Joane McCall

Ruth Duncan
Carol Nama
Richard & Sandy White

Ronald Morse
Jackie Hurd


Dorothy Osborn
Hanora Bignall

Leave a Lasting Legacy

Respite Volunteers of Shiawassee is a non-profit that serves Shiawassee County adults with persistent health needs and their families.

Planned gifts are charitable donations arranged during the donor's lifetime, but not usually fulfilled until many years later, upon the donor's passing. Your gift represents an investment in the future of your neighbors here in Shiawassee County. Your generous donation will enable Respite Volunteers of Shiawassee to recruit, train and organize volunteers to help your neighbors. We ask if you would please consider 1% or more in Estate Planning. Your valuable gift will make a huge difference in people's lives. Family caregivers will be able to care for their loved one at home and elderly folks will be able to remain living safely in their own home because you chose to care and share.

Shop at AmazonSmile and Amazon will make a donation to Respite Volunteers of Shiawassee.

 When first visiting AmazonSmile you will be prompted to select a charitable organization from over one million eligible organizations. In order to browse or shop at AmazonSmile, customers must first select a charitable organization. You may use the same account on Amazon.com, Amazon Prime, Amazon Smile, etc. Tell your friends. The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to Respite Volunteers of Shiawassee.



In-Kind

April 1, 2018 – March 2, 2019

Special Thank You

The Cook Family Foundation
Nonprofit Capacity Building Program

Memorial Healthcare
In-kind office space

A2Z Keys, LLC
Abiding In The Vine
Terry & Pam Allen
Alzheimer's Association of Greater MI
Bonnie Appleby
Joyce Archer
Angie Barone
Bigger's Complete Floor Coverings, Inc.
Dave & Marcia Bird
Cheryl Bishop
Karen Bontrager
Lori Bowne
Harold Boylan
Owosso Community Players
Bill & Heather Brooks
Joan Calkins
Sharon Campbell
Capital Bowl
Lori Chant, Andrews Hooper Pavlik
Becky Chargo
Chemical Bank
Melissa Clark
Community District Library, Corunna
Corner Carousel, Ovid
Corunna Hills Golf Course
Julie Crank
David & Anita Darling
Barb Debelak
Jim Demis, Andrews Hooper Pavlik
Detroit Tigers
Detroit Red Wings
Domino Pizza
Pam Dorer
Douglas J. Salon, E. Lansing
Richard & Sue Dunn
Robin Durepo
Edsel & Eleanor Ford House
Edward Jones Investments, Dave Minarik
Pat Elliott
Eversight of Michigan
Family Farm & Home
First Congregational Church, Lydia Guild
Sharon Flanagan
David Flory
Frankenmuth Bavarian Inn
Darrel Frederick
Donna Fruchey
Peggy Garikes
Liz Garrett
April Garrison
Virginia Gastin
Pam Giffei
Gilbert's Do It Best Hardware & Appliance
Dick & Maureen Gilna
Ben Glardon
Pastor Debbie Grazier
Greg & Lou's Family Restaurant
Betty Gross
H.K. Allen Paper Co.
Dale & Nancy Halifax
Hankerd Sportswear

Paula Harris
Nikole & Earnest Hartzell
Jill Hatt
Lee & Winnie Hendrickson
Sue Henige
Henry Ford Museum
Fred & Chris Herring
Hi-Quality Glass, Dave Dwyer
Andy Hollers
Diane Horn
Helen Howard
Michelle Howe-Geitzen
Pastor Debbie Grazier
Dennis & Linda Hrcka
Mark & Nancy Hudson
Carmella Huff
Jackie Hurd
Jet's Pizza
Jumbos Burger Bar
Donna Kanan
Kazoo's Family Entertainment
Rhonda King
Ed Kippe
Pat Klockziem
Marian Kovarik
Anne Kruger
Richard Lahmann
Letavis Enterprises
Robert Lamar
Log Cabin Taxidermy
Ron & Deb Lover
Mackinac Island Carriage Tours
John & Pam Malaska
Jennifer Manauasa
Mancino's
Marr's Furniture
Stacy Matthews, MS, PT,
-Perry Physical Therapy, Inc.
Sandy Maynard
Joane & Kirk McCall
Melanie McCourt
Dorothy Mead
Emily Meihls
Meijer
Memorial Healthcare Auxiliary Gift Shop
Michael's Auto Clean Up
Anita Moliterno
Susan Moore
Dr. John & Joane Morovitz
Murtle's Handmade Chocolates
Carol Nama
Jim & Donna Nault
NCG Cinemas
Nelson-House Funeral Homes
Kathy Neumeister
Angela Nicholls
Ruth Nick
Sandy Nohel
Bev Nover
Shelly Nyquist
Ovid Café
Hugh & Mary Parker
Julia Pavich
Peacock Road Family Farm
Chris Penzer
Perry Church of the Nazarene
Planet Fitness
PFCU
Audrie Polhemus

Potter Park Zoo
Powerhouse Gym
Betty Presson
Bennie Pullen
R. H. Meihls & Associates
Ron & Kathy Raines
Chrissy Rann
Suzette Reich
Stasia Reyna
River Valley RV Park, Gladwin
Riverview Dental
Phyllis Robertson
Loretta Rolfes
Brenda Roys
Rugged Liner
SageLink Credit Union
Lynn Sanderson
Shannon Sawyer
Mary Jane Scarlett
Ron & Marie Schaar
Schutt Photography
Bessie Scott
Cindy Serr
Shiawassee Arts Council
Shiawassee Family YMCA
Shiawassee Health & Wellness
DJ Root Recycling Center
Glenn Sizemore
Bryanne Jamieson
Harold Smith
Jackie Snyder
St. John's United Church of Christ
Rosemary Stap
Debbie Stewart
Helen Stump
Allie Sturtridge
Martha Sutton
Marie Taylor
Denise Temple
The Henry Ford
The Oak Creek Lodge, Bannister
Valerie Thelen
Linda Thorsby
Caroline Tower
Sandy Underwood
Michelle VanNortwick
Jane VanderWey
Freda VanFleteren
Carol VanRemortal
VG's Food Center
Elmer & Kim Walworth
Arlene Ward
Kathy Watson
Dr. Patrick Wegman & Patrick Wegman II
Joy Welty
Lavearn & Barb Wenzlick
Sandy White
Harry Wilson
Sharra Wright - A. J. Photography
Shiawassee Family YMCA
Roger & Ann Zick

"I've come to believe that if we start each day from a place of gratitude, then it's bound to go a bit better than it would if we didn't" — *Maria Shriver*

25th Anniversary Sponsors and Noteworthy Facts



25th Anniversary \$1,000 Sponsors

Carol Nama
Jackie Hurd
Greg & Karen Bontrager
Dr. Daniel & Susan Cardwell
Anonymous

40%

is the amount by which the risk of high blood pressure fell following 200 hours of volunteering. Give back to others — it's good for your health.

20%

of employees are actually caregivers

1/2 of all individuals over the age of 85 have some form of dementia.

11% of caregivers end up having to quit their job to care for someone at home.

47,449.93 Miles

Respite Volunteers provided in 2018.



25%

of Michiganders will be over the age of 60 by 2030.

541 square miles in Shiawassee County.

2,169 Patients served so far by our program.

159
Active
Trained
Respite
Volunteers
Serving
Throughout
Shiawassee
County

126 New cases served by Respite Volunteers in 2018.

9,198 Hours
Respite Volunteers
Provided in 2018



Special Donations

April 1, 2018 – March 2, 2019

Adopt A Family Sponsors



Each request for our services requires time and staff to perform the initial intake, assess the family needs, train and match a volunteer, reassess and update their progress, keep their files current and educate the persons and family on other area services they might meet the criteria for. The expenses incurred by Respite Volunteers of Shiawassee while helping a family for 12 months adds up to only \$450. *Kirk & Joane McCall and John & Terry Skidmore* sponsored a family.

If you would like to Adopt A Family for 12 months for only \$450 or a half of a year for \$225 please contact Respite Volunteers of Shiawassee office by phone 989-725-1127, or stop in the office at 710 W. King St. in Owosso, Monday through Friday 8:30 a.m. until 4:00 p.m.



Our Shiawassee County community friends often support us by *Third Party Fundraisers* to benefit Respite Volunteers of Shiawassee. We really appreciate these wonderful acts of kindness. Not only do they financially support our program but they also help promote our services to new audiences. If you and your friends would like to have a fundraiser for Respite Volunteers of Shiawassee, please contact our office for brochures to share. Here is a list of recent fundraisers. We realize the work that goes into a fundraiser and sincerely value the generosity and efforts of these Third Party Fundraisers.

- Carol Nama (in honor of her children's birthdays and anniversaries \$150.00)
- St. Paul Episcopal Church (Outreach donation \$135.00)
- Audrie Polhemus (half of lottery winnings \$50.00)
- To celebrate their birthdays, Facebook Fundraisers were created by David Sheperd, Tamara Marshall, Kathy Raines & Cynthia Thompson raising a total of \$434.15
- Baker College (Penny Wars) personal fundraiser raised \$160.00
- Kroger Community Rewards \$421.67 (anyone can give who shops at Kroger)
- Amazon Smile \$60.63

Giving Tuesday was on the Tuesday after Thanksgiving, November 27th. Respite Volunteers wishes to thank the Cook Family Foundation, Shiawassee Community Foundation and United Way of Genesee



County (serving Shiawassee County) for providing much support to highlight the local Giving Tuesday Campaign, and the pre-event Finding Your Nonprofit Soulmate(s) Event. We exceeded our goal of \$9,000! On Giving Tuesday 2018 the following donors that gave \$25 or more are:



Diamond \$1,000 Plus

Anonymous
Cook Family Foundation

Emerald \$500-\$999

Kathy Neumeister
Dana Kong
Thomas Kalina
Carol Nama

Ruby \$250-\$499

Attorney Dave & Debbie Stewart

Sapphire \$100-\$249

Dave & Marcia Bird
Ron & Frances Eshelman

Sapphire \$100-\$249 con't

Nancy Somers
William & Chris Penzer
Jackie Hurd
Betty Presson
Mary Jane Scarlett
Diane Horn
Lori Chant
Pearl \$40-\$99
Lloyd & Wanda Lamphere
Ron & Kathy Raines
Carmella Huff
Mike Selleck

Pearl \$40-\$99 con't

Kirk & Joane McCall
Jerry & Lynette Polmouner
Terry & Pam Allen
Patrick & Joelle McGuire
Jason & Amy Geer
Jackie Snyder
Thomas & Peggy Garikes
Topaz \$25-\$39
Donna Kanan
Allie Sturtridge

Grant Funding and More



- Sponsor a Respite Volunteer family \$450
- Annual Membership (see page 2)
- Postage stamps
- Provide location and meal for volunteer training
- Volunteer training meal sponsor (prepare and serve the food or \$40) for trainings at the office
- Birthday and Sympathy cards
- Persons to apply for Kroger Community Rewards for Respite Volunteers
- USB drives 32GB or more
- #10 & # 9 plain white envelopes
- New purse for Purse Party Bingos (valued at \$45 original price, or higher)
- Retail gift cards to purchase office and building maintenance supplies
- Help cleaning the office, gardening and sweeping off the deck, sidewalks and driveways
- VG receipts "Direct Your Dollars" we need 150,000 more points to receive \$1,000.00

Grant Funding provided by:

- Alden & Vada Dow Family Foundation
- The Cook Family Foundation
- United Way of Genesee (serving Shiawassee County)
- Memorial Healthcare Foundation Shiawassee Community Foundation
- Community Health & Education Grant
- Consumers Energy
- Edward N. and Della L. Thome Memorial Foundation
- Mary Thompson Foundation
- Ray & Kay Eckstein Charitable Trust
- The Harry A. and Margaret D. Towsley Foundation
- Alvin M. Bentley Foundation
- Covenant Fund for Support of Faith and Families

Respite Volunteer Responded Quickly



Amber Watkins
Courtesy Photo

One of our Respite Volunteers, registered nurse Amber Watkins, is matched with an elderly woman who lives alone and has dementia. One day upon arriving at her Respite patient's home, Amber found that her patient needed to be evaluated in an emergency room immediately and called 911. Amber identified that she needed to be transported to a Flint hospital near where the son lives, and followed up to contact the son and let him know what happened, and why she believed his mother needed immediate attention.

It turns out the woman was in atrial fibrillation (the heart is just quivering, it isn't actually contracting in a synchronized way to pump enough blood). The woman was given a pacemaker and is now back home. The woman really could have died without Amber being in the right place at the right time, and taking action.

When Amber visited again, she noticed the elderly lady with dementia wasn't getting her meals delivered due to several snow days in a row. She receives delivered meals but when there are "Snow Days" in at least three school districts, meals are not delivered. She had almost no groceries in her apartment. She had been getting by with food from a kind neighbor who checks on her, so Amber got her groceries. We helped the son look at other possible services to add, since he lives in the Flint area. Now the patient's son will be helping more often with groceries.

We are seeing examples of similar situations quite often. Families need help finding additional services. Do you or your family need help knowing what services are available?



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Mission Statement

*A gift of time and
caring support to adults
with persistent health needs
and their families.*

Current Resident or



Schedule a Volunteer Training You can make a huge difference in someone’s life, and in your own life.

We can schedule a Volunteer Training at a mutually convenient time.

Please give us a call
989-725-1127



Have you seen our website lately?
www.respitevolunteers.org

Visit us on facebook and “share.” Follow our posts for lots of fun pictures and up-to-date news!



Volunteer Opportunities include; helping a patient & caregiving family, helping in the office, helping on committees, helping with fundraisers, and special projects. For more details on above opportunities, see our website and click on “Ways You Can Volunteer”



Joy Welty and Joane McCall

Photo by: A. J. Photography, Shanna Wright

To register or for additional information please contact: 989-725-1127 or office@respitevolunteers.org. Find Respite Volunteers on Facebook. The contest to recruit new volunteers ends in November. Call for more information. You could win great prizes.